

Verbena Bar Review

Madrid (and more specifically) Malasaña is choc-a-bloc with cute looking bars, so much so that it's often nigh on impossible, to pick from the myriad of options. However, should you find yourself Saturday strolling around the vintage shops that pepper Calle Velarde, Verbena is the perfect choice. Not a case of style over substance, Verbena is the perfect mid-shopping pit stop, as well as the ideal place for tapas time.



Like similar bars in the area, its decor is pleasing to the eye, as is its proximity to the perennially popular Plaza Dos De Mayo. It offers more than your simple caña/vino combo; I was particularly impressed with its **gin selection**, which could rival a far swankier locale. I plumped for a Nordes (which

hails from Galicia in the north of Spain) – it came expertly served in a Copa de Balon and was quite the snip at 8 euros – I've spent obscene amounts on a G&T so this felt relatively bargainous.



My fellow bar hoppers enjoyed a crisp **Albariño** and an **Estrella Damn** – I was assured that they were both suitably pleasing to the palate and purse (an entire round came to less than a sarnie would in a city such as London or Paris).



The staff were friendly and knowledgeable (particularly when questioned about their own gin faves). Furthermore, Verbena boasts a simple menu that offers all the classics that you'd come to expect from Madrid – tortilla de patata, croquetas, complete breakfasts and the like.



Verbena is the equivalent of a trusty pair of jeans – a comfy option that requires minimal effort. Smack bang in the city centre, it'd be a crime to walk on by.

3.5 stars out of 5

Info

Address: Calle Velarde, 24

Bar Tomate – modest minimalism at its best

Eight years ago I took the plunge and upped sticks to move to Madrid (or Madders as I now affectionately refer to it). The city was in the midst of a financial crisis so bleak, that people went out for a solitary caña rather than cañas – or so it seemed and so I was told.

Fast forward to 2017 and the city feels as though it's booming once again. Not a week passes by without a new opening, a Mercado of some sort throwing back its doors and the now oh-so-popular weekly After Brunch events.

So in such a crowded marketplace how do you stand out? Well, having the kudos of being part of the Grupo Tragaluz alumni doesn't hurt, which is why Bar Tomate has proven to be one of my fail-safe favourites over the years.



Located in the increasingly well-heeled and chic neighbourhood of Chamberí, which coincidentally is one of my favourite Madrid *barrios*, Bar Tomate ticks all the boxes offering breakfast, lunch, dinner *a rare find in a city where *siesta* culture can result in a complete shutdown during certain hours – never ideal if you're prone to getting hungry!

The vibe is rustic and Mediterranean with the emphasis on simple, fresh ingredients and classics cooked well.



I went along for dinner on a Friday night and chowed down like a Queen – decisive isn't my strong point so what was sampled read like an A-Z of deliciousness; ranging from breaded asparagus, chicken tacos, jalapeño spiced shrimp and a burrata the size of my head because, quite frankly, what meal isn't improved with the addition of cheese! This was naturally all chased down with an array of cocktails that made for an interesting walk home.

If simplicity is your thing I can't recommend Bar Tomate

enough. From the minimalist décor to the unfussiness and ease of the service, Bar Tomate's strongpoint comes in its lack of pretentiousness when in reality, it has everything to shout about.

Ditch the flats for an evening, as when the DJ appears (as he does on both a Friday and Saturday night) you're gonna want to get your groove on. Guys, I'll leave that up to you.

All photos from Bar Tomate

Bar Tomate

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Arts Club Madrid – Binge, don't purge

I pride myself on revelling in all things indulgent. My mantra is generally something along the lines 'Money – well you can't take it with you' – which come rent day can be a problem. However, if there are treats to be had/bought/sniffed out, then I'm the girl to find them. Upon recently discovering the [Arts Club](#), I quickly realized that it was the kind of place where I'd happily blow my monthly food budget and then spend

the remainder of the month wistfully eating beans on toast.

It is glam.



We're talking full on 'feels like you're on Sex and the City/channelling your inner Carrie Bradshaw' glam – which is a bit of a rare find in a city that prides itself on a lack of pretensions. In fact, walk into the [Arts Club](#) and it feels as though Carrie Bradshaw's name is written all over it – not literally, but you know what I mean. It's the kind of place that you need to pop your heels on for, unless you fancy looking like the proverbial fish out of water.

The food

The menu is a super tempting mix of Asian fusion (a cliché sounding genre I know but the food was anything but lame).

Date night



The Arts Club is coincidentally how to do a date night. This luxurious spot boasts an impressive beer, wine, and cocktail list; the chicest interior design *and* should someone else be paying (and can therefore stretch to the most sumptuous experience they have to offer) you can bag yourself a table/area for when the dinner part stops and the dancing part kicks in.

Being nestled in the heart of Barrio Salamanca helps it to retain its air of exclusivity but its laidback luxury is coincidentally part of its charm. Whilst it may be swish and swanky it's not intimidatingly so. I suggest, scarp that, I *insist* that you don your gladrags and spend an evening with the pretty peeps of Madrid.

Photo credit: [Arts Club – Madrid](#)

Info

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Bosco de Lobos – a casual-chic restaurant in Chueca

Last month I reviewed the sexy, swish [Ana La Santa](#). If we were to talk in terms of siblings, whilst Ana La Santa may be the mature older brother in the dining out stakes, this means that Bosco de Lobos may be the cuter, younger sister. Smaller in size and with a less obvious position within the city (it's tucked away between Calle Fuencarral and Hortaleza) sort of straddling Malasaña and Chueca if you will, it's the ideal place for a simple lunch on their sun-kissed terraza or for a casual date night that won't break the bank.

The atmosphere was (on a Friday night) buzzing to say the least; packed with punters all gagging to sample their take on eclectic European fare, ranging from wood-fired pizzas, to steak tartare, to heaving pasta dishes. They do a little bit of everything and instead of this being to their detriment (like that friend you have who spreads themselves too thinly) it's all lip-smackingly good.



Like most, I enjoy dining out (ok, perhaps more than most) but I like to do so in places that lack pretention and that do simple things with style. Bosco de Lobos ticks both boxes. Special mention has to go our waitress, Iryna, who was a fountain of knowledge on the wine front, recommending the perfect Rioja to be paired with my steak. We rounded off the evening with a couple of puds and a G&T thrown in for good measure.

Speaking of round, that's exactly how my midriff felt after eating like a Queen. It doesn't hurt that the setting is as tasty as the food, lots of sultry low lighting and artfully dishevelled bookshelves, making the whole place feel cosily lived in rather than sterile Scandi in tone.

Unlike La Musa, they do take reso's so I implore you to make one – you can thank me later.

All photos from [Bosco de Lobos](#)

Bosco de Lobos

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-

Ana La Santa... Baby it's cold outside

Being an expat in Madrid seems to equate to a couple of things; you're highly likely to favour drinking a caña over a coffee (it honestly works out cheaper), most of your wardrobe will consist of Zara purchases (although that *may* just be me) and I'm pretty sure that come Autumn time, you start to long for Sunday afternoons curled up in a pub with a fire and a glass of red for company. Whilst Madrid can offer a visitor many things (often wall to wall sunshine), it doesn't really pack a punch on the pub front...

However, Ana La Santa has been become my default option for when I'm craving cosiness, and there's good reason why.



Situated in what is undoubtedly one of the most beautiful plazas in all of Madrid, Ana La Santa, the bar and restaurant that occupies the **ground floor of the hard to miss Hotel ME**, is without doubt the chicest (and next best thing) that's akin to a Gastropub that you might find back in Blighty. Picture a roaring fire, squidgy sofas, easy on the eye staff and the kind of simple style that is more often found in Scandi-land and you'd be on the right page.



This season's buzz word for urbanites is hygge.

Pronounced *hoo-ga*, this Danish word defies literal translation. **In essence it means enjoying life's small but soothing moments** – perhaps nibbling some *croquetas de jamón* with one hand, whilst sipping a perfectly mixed [Gin and Tonic](#) in the other...

It's about investing in emotional well-being through the

simple and homespun. That's exactly what I managed to achieve there on a biting cold Tuesday evening. I left feeling with a slightly larger waistline and feeling that **our host (the wonderful Alba) was a new friend – the service was THAT good.**

When Spain's not sunny (and trust me it happens) I urge you to bunker down amid soft cushions, flickering candles and bask in the warmth of Ana La Santa. All that's left on your part is to find yourself a Spaniard to snuggle with.

All photos from Ana la Santa

Ana la Santa

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1862 Dry Bar, staggeringly chic cocktail bar on Calle Pez

They say that Madrid has more bars per square mile than any other Spanish city (some even go as far as to boast, in Europe). Whilst I'm not sure of the exact bar tally, not that I'm all that concerned, what I do know is that you only need to step foot out of your house to see that Madrid is certainly not lacking in places to get a drink. If there's one thing that Spaniards enjoy (aside from the stereotypical siesta)

it's a tipple or two.

However, bars in Madrid tend to generally fall into one of two distinct camps; the ones with the unmissable glow of strip lighting and scattered napkins, that generally tend to be frequented by a more aging population. And those that cater to fans of an exposed brick interior, shabby chic furniture and a drink served in a jam jar. This is what makes [1862 Dry Bar](#) so unique. It falls into neither category and I'm all the more pleased for it. A staggeringly chic cocktail bar perched on the perennially popular Calle Pez, it may look discreet from the roadside, but upon stepping inside, you could quite easily be transported into the prohibition-era bars that are more likely to be found stateside, than in Spain.



The affable owner, Alberto, is a fountain of knowledge on the cocktail front, in other words, what he doesn't know about all things shaken or stirred isn't worth knowing. The building (an

old hardware store I believe) manages to effortlessly straddle being airy and cosy simultaneously. The downstairs is particularly sumptuous, with plenty of nooks for a clandestine date or an intimate chat, whilst sipping on your expertly made pisco sour.



What I

particularly loved about 1862 Dry Bar, was the clearly knowledgeable and creative bar staff. The menu has all the classics in place, but also offers up some truly unique cocktails made by guest mixologists ranging from Trailer Happiness (hailing from Hoxton), with another one being from The Ritz Madrid.

The furniture, the staff and ultimately the delectable drinks, make Dry Bar 1862 the perfect watering hole for a date night or a glamorous venue for a gaggle of friends. The cocktails are potent and pack a punch, however, the jewel in the crown is Alberto, whose passion for a decent drink prevails in a city that is often lacking.

Info

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Go Crazy for Cannibal.

New restaurant openings (or in fact any kind of opening) within Madrid are pretty much ten a penny. When strolling round any of the barrios, you'd be hard pressed to not spy an exposed brick or a jam jar cocktail vying for your attention, in what's becoming an increasingly crammed marketplace.

However, there are some new spots that feel no need for fanfare and know full well that the masses are going to flock in their droves. [Cannibal](#) holds this covetable spot. The restaurant equivalent of someone tall, dark and handsome –

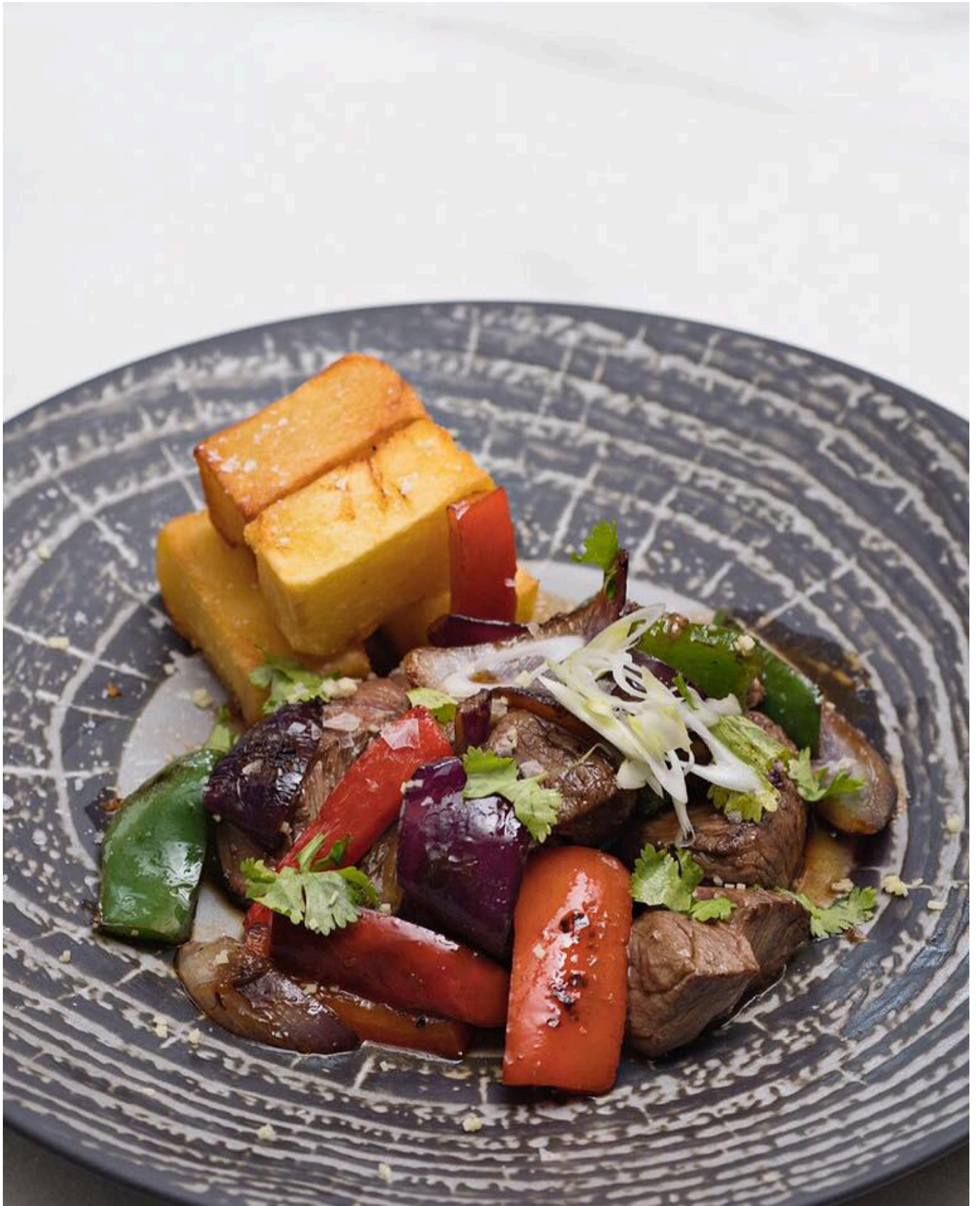
Cannibal is poised to become the darling of the Madrid restaurant scene and you won't just need to take my word for it; you could ask anyone who was there last Saturday (when it was packed to the rafters).



Madrid non-newbies will remember that the site of Cannibal once housed the infamous brunch spot 'Cafe Oliver' and when it closed its doors, many mourned the loss. So imagine my excitement whilst on my daily walk to work when I spied renovations.



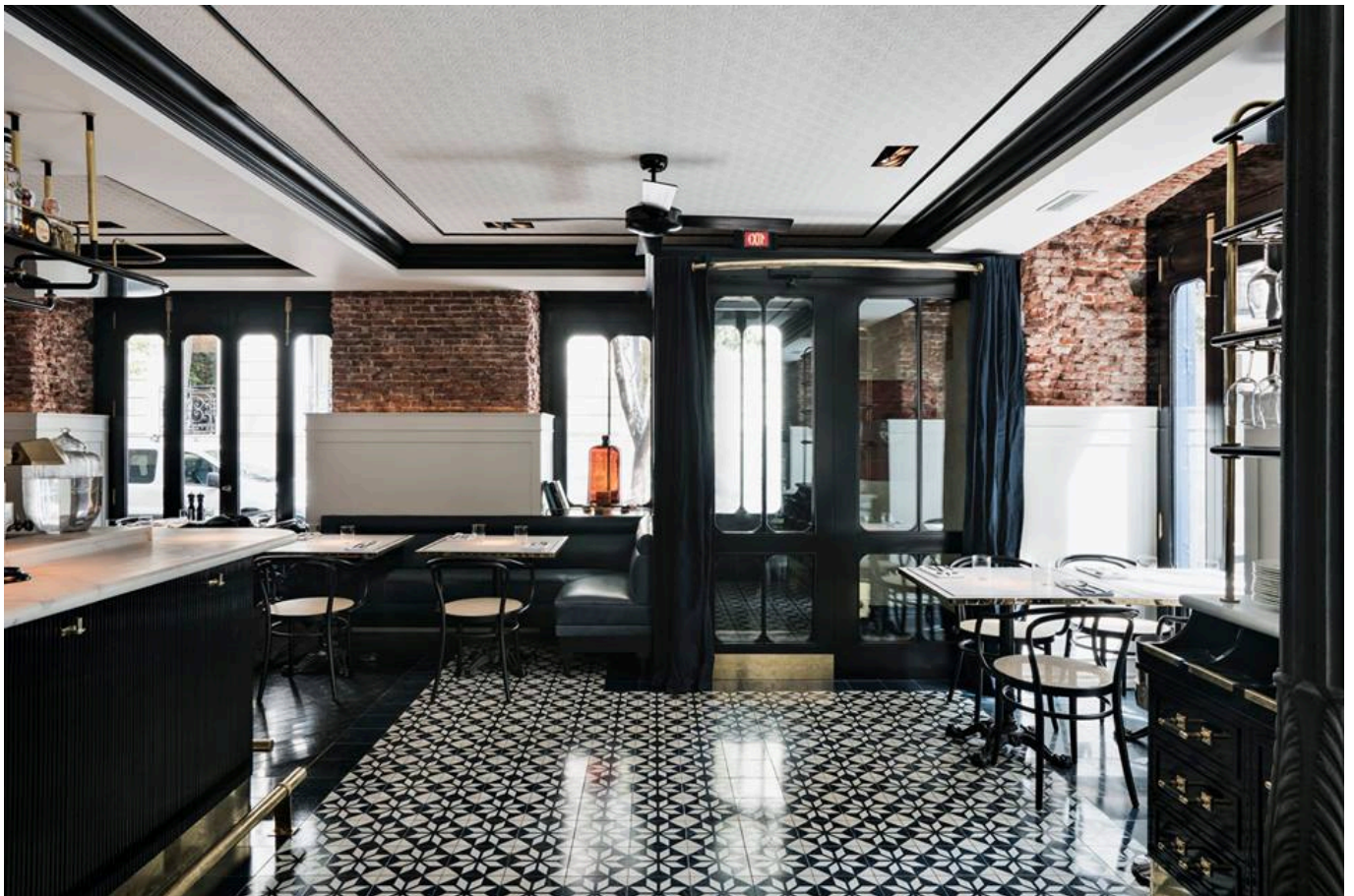
Now painted in an inky blue hue, the newly opened Cannibal is hard to miss. The name alludes to what's on offer dinner wise. The raw stuff. Tartare. Ceviche. Carpaccio. But don't despair if you're not a fan of the cold stuff, the menu offers a mean hamburger and THE most delish Peruvian Pork dish that was inhaled within mere minutes.



Now I could wax lyrical about just how good the food was – because it truly was. We're talking last meal type claims (if like me burrata and steak carpaccio is your idea of food heaven). But it wasn't just the food that had my company and

me swooning; it was the service.

In a country where asking for the bill is usually met with a grunt, the team at Cannibal couldn't have been more charming or attentive – much to the glee of my dinner companions. They happily talked through the menu with genuine interest, they were knowledgeable about ingredients and at no point were our glasses empty. I know this kind of vibe is to be expected in a country like the states, but in the land of jamon this is rare.



It goes without saying that the decor satiated my interiors porn thirst and it didn't hurt to have a window seat on a balmy evening, where you would people watch over your dulce de leche pud.



Like all restaurants reviews, I'm always torn between spreading the word and keeping schtum for fear of a place becoming busier than the Bernabeu on a match day, but the secret's out.



Embrace your inner cannibal and happy feasting. Who cares if it's bikini season with food that good? That's what kaftan's are for.

*All photos are from [Cannibal Raw Bar Madrid's FB page & Instagram](#)

Info

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Leave El Barrio for El Imparcial, in Tirso de Molina

I've started jokingly referring to Gran Vía as my Madrid version of the River Thames. Should you know London, you'll know that when it comes to being a dweller of the affectionately nicknamed 'smog', you very much fall either the North or South camp thanks to the watery divide; and to this end I feel that the same can be said for Madders. If you're Fuencarral side of Gran Vía you tend to spend your free time hot footing it around the streets of Malasaña and Chueca. Whereas if you veer down towards Sol, you can usually be found whiling away time between La Latina and Lavapiés. Either way, had I not crossed the 'symbolic' gulf provided by our very own Oxford Street equivalent, I may never have found [El Imparcial](#).



Inconspicuous and almost completely nondescript from the exterior, [El Imparcial](#) is quite the find upon entering. On the right hand side your greeted by a pocket-sized bar where you can grab a coffee or a cana. However, make your way up the

impressively sized staircases and you enter into an Aladdin's Cave of all round prettiness. I'm loathe to bandy around this term liberally, but the high ceilings and beautifully restored décor can almost be described as '*breath taking*' – close one eye and squint with the other and it does have a touch of the old Palace De Versailles about it.



Part concept store, part restaurant, El Imparcial straddles a line where you literally want **everything** that you see. Cocktails, they've got them in spades. Food, well there are morsels so delicious that it wouldn't be uncommon to not want to share your starter *apologies to my fam as I inhaled the bao buns without as much as a thought of 'did you want to try one?!'



Last but not least are the Wallpaper magazine worthy purchases waiting to adorn your casa. El Imparcial stocks a carefully (and I'd hazard a guess, lovingly) curated range of stationary, magazines and books – apt really considering the building once housed a newspaper.



Food wise they offer a complete smorgasbord of delights. We wolfed down (amongst other treats) Roasted black cod with miso edamame beans, oxtail croquettes and a lip smackingly good buttifara pizza with scamorza. Our lunch lasted for hours, dinner...even longer. It really is one of those places that seems to draw you in and make you not want to leave (or maybe after the array of cocktails placing one foot in front of other could've been tricky and partly to blame for the desire not to budge).

Did I mention just how pretty it is? *and that's just the staff. Book well ahead or find yourself lingering outside, nose pressed against the glass wanting to get in.

Info

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Urso Hotel & Spa, Take a holiday (from a 'holiday')

When you tell people that you live abroad the general response is usually something along the lines of 'Oh you must feel like you're on holiday all the time!' or 'Think of all the sun and sangria!' to 'You must be perma-tanned!' Admittedly, whilst there is a lot of sun and I do feel like I'm on 'holiday' when I look up at all the pretty balconies in Malasaña, La Latina and the like, I'm most certainly not perma-tanned (without the help of something I purchased from Space NK) and life's mundane tasks have a way of finding you wherever you live *read/washing/ironing/cleaning/taking the bins out.

So no matter whether you're fortunate enough to live in a sunny clime (in this case the marvelous Madders) there comes a time when you fancy a holiday within the city; if true indulgence floats your boat then look no further than the **exquisitely elegant and seriously stylish**, [Hotel Urso](#).



Nestled on Calle Mejia Lequerica, Hotel Urso is a relatively small but perfectly formed boutique hotel. Discovered through the [Mr and Mrs Smith website](#) (which I cannot recommend enough) it's the kind of hotel you'll never want to leave. Fluffy white robes adorn the bathroom door, there for the taking when the spa takes your fancy. Pillows so soft, that lifting your head up from one feels like a chore (or maybe that was partly due to too much gin the night before). But still, it felt like having a glimpse into how the other half live – all **freshly brewed coffee, sumptuous soft furnishings and complimentary**

welcome fizz at the hotel bar.



Service wise, Hotel Urso couldn't be faulted. In a country that often leaves a lot to be desired on that front (why do I have to beg for a bill?!) nothing was too much trouble. We forgot our toothbrushes – two new ones appeared by magic. My mum on arrival managed to fall up the stairs – turns out marble floors, heels and mimosas don't mix (but cue an ice pack appearing at lightning speed) – I can only stress here that apples don't fall far from the tree and that making an

entrance must run in the family!

When check out time swung round (which wasn't until 12; a Mr and Mrs Smith perk might I add) neither of us wanted to leave – or part with the 400 thread count Egyptian cotton sheets.

It's worth noting that if splurging on a night away isn't an option – unless money starts growing on trees (as a deluxe room wasn't cheap) they have jazz nights every Thursday and the pop up restaurant '[The Table By](#)' which are well worth a visit, with a different chef dominating in the kitchen each month.

I left Sunday morning plotting how many private classes I'd have to teach so that I can return, and soon. Should I be lucky enough to do so, my mum will be wearing flats.

Info

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Perrachica, Prioritize A Pow Wow Here Now

Chamberi isn't an area that's necessarily on everyone's radar. Once you battle through the sea of yummy mummies pushing bugaboos you might not have the 'ganas' to locate somewhere for your weekend brunch. But all that's changed with the arrival of the shiny, new (quite frankly beautiful) Perrachica.

Meaning 5 pesetas, Perrachica is pretty hard to miss. Stumbled upon when getting my weekly mani, it's a glamorous (fairly cavernous) bar/cafe/restaurant that doesn't quite look as though it belongs on the humble looking Calle Eloy Gonzalo but I for one am chuffed to bits that there's somewhere so swish within walking distance of my flat.



Photo from [Facebook](#)

Heralding from the super successful Larrumba group, (which also boasts Juanita Cruz, Frida and the like) Perrachica feels like you walked into the rather glam home of a friend who makes you feel like you live in a hovel.

However, aside from the envy inducing decor the food is equally great and the prices won't leave your eyes watering – in fact, they may leave you bemused. With a recent choice of French toast costing a grand total of (drumroll please...) €3.50.



Photo from [Facebook](#)

The biggest challenge though isn't making your menu selection – it's getting in. Each time I've walked past it's been full to the rafters with madrileños clearly making the pilgrimage from barrios afar. Waiting lists allegedly exist having been told that the chance of a Saturday reso was slim to none until the end of February.

So I advise making like the Harrod's sale and just camping out – or failing that just take your chances early morning and take advantage of the relative calm. Come 7ish a DJ (quite

literally) pops out of the wall and dancing shoes may be required.

From dawn to dusk, Perrachica is set to be an undisputed crowd pleaser *and the perfect place to take out of towners who you're keen to impress (whilst spending less). Sorry, couldn't resist a rhyme.

Info

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